7th, 8th, 9th, 10th DYNASTIES C2431-2160 BC Here follows the first period of anarchy invasion of the Assaliis. Two diprosties ruling at Heracleopolis expen to be the most important, but how for they were contemporaneous with other princes ruling elsewhere whose names are recorded is uncertain The country wasquit up and when centralized power (the "Middle Kingdom") reappless with the 11th Dyprosty, Thebes in the south is its seat